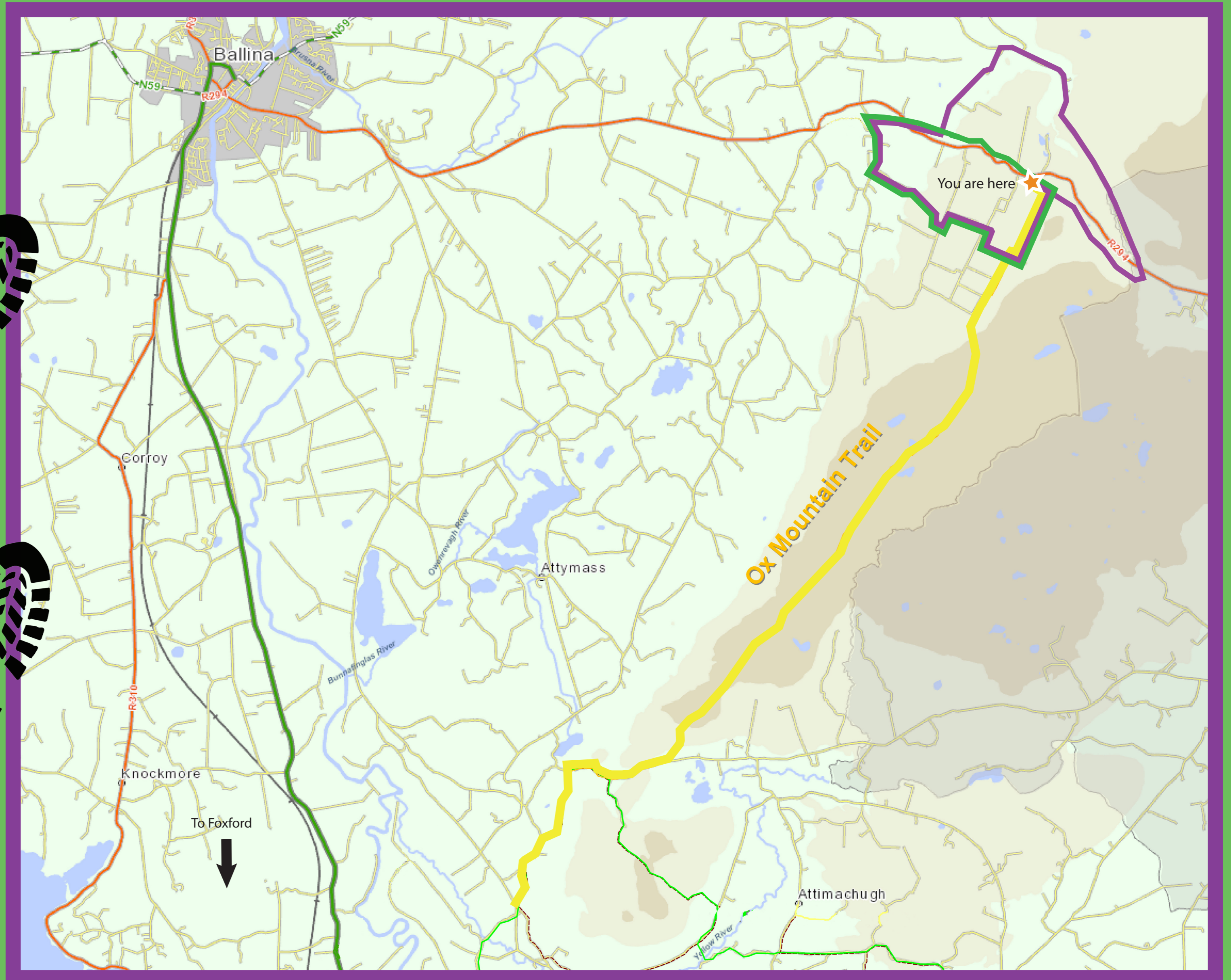




# Ox Mountain Trail



## Drumsheen Loop

Trailhead / Start Point: A small car park located just off the R294 near Bunyconnellan  
 Distance: 7 km  
 Estimated Time: 2hr - 2hr 30min  
 Trail Waymarking: Green  
 Terrain: Country Lanes & Stony Paths  
 Level of Difficulty: Easy  
 Theme: Nature  
 Minimum Gear: Sturdy Walking Shoes/Boots, Waterproofs, Fluids Snacks and Mobile Phone  
 Additional info: OS Discovery Sheet 24

## Glen Loop

Trailhead / Start Point: A small car park located just off the R294 near Bunyconnellan  
 Distance: 14 km  
 Estimated Time: 3hr 30min  
 Trail Waymarking: Purple  
 Theme: Nature  
 Terrain: Country Lanes & Stony Paths  
 Level of Difficulty: Moderate / Hard  
 Theme: Nature  
 Minimum Gear: Sturdy Walking Shoes/Boots, Waterproofs, Fluids Snacks and Mobile Phone  
 Additional Information: OS Discovery Sheet 24

## Leave No Trace

### Principles of Outdoor Ethics

Please adhere to this code in any trips to the outdoors

1. Plan Ahead And Prepare
2. Dispose Of Waste Properly
3. Leave What You Find
4. Respect Wildlife And Farm Stock. Dogs should be kept under control at all times and should not be brought onto hills or Farmland
5. Be Considerate Of Others
6. Travel On Durable Surfaces
7. Minimise The Effects Of Fire



## Ox Mountain Trail

Trailhead / Start Point: A small car park located just off the R294 near Bunyconnellan  
 Distance: 14 km  
 Estimated Time: 4hr - 4hr 30min  
 Trail Waymarking: Trail is waymarked using a 1m high black post with a Yellow Walking Man and Arrow. Some white marking pencils are also used on some sections between black posts  
 Terrain: Country Lanes, Stony Paths, Open Bog and Mountain  
 Level of Difficulty: Hard / Difficult  
 Theme: Mountain  
 Minimum Gear: Sturdy Walking Boots, Waterproofs, Walking Poles, Fluids, Snacks and Mobile Phone  
 Additional Information: OS Discovery Sheet 24, 31 and 32

**Safety Notice:** Please keep close to waymarking to avoid dangerous bog holes.

## Think Safety!

Sections of these routes are shared with vehicles – be aware!  
 Keep children under close supervision.  
 If you encounter any difficulties, contact the emergency services on 999.

Help to maintain these routes, please report any dangerous obstacles or missing / damaged signs to:  
 Mayo County Council: (094) 9024444  
 Email: [mayowalks@mayococo.ie](mailto:mayowalks@mayococo.ie)

Further details about walking and cycling in Mayo, including downloadable maps and brochures are available from [www.mayowalks.ie](http://www.mayowalks.ie) and [www.mayotrails.ie](http://www.mayotrails.ie)