

GLENCORRIB & SHRULE PARISH NEWSLETTER – 19th SEPTEMBER 2021

Fr. Vivian Loughrey PP,
 Parochial House, Ramolin, Shrule, Co. Mayo. H91, V2FK
 ☎ 093 31262 or email parishofshrule3@gmail.com
 Parish Website: www.shruleglencorrib.com
 Newsletter email: newsletter@shruleglencorrib.com
 Newsletter only 086 3782156 Newsletter (Vol. 26 – 08)
 Newsletter on Web: www.shruleglencorrib.com & www.mayo.ie
 All Masses are on the parish radio 101.4 FM



Weekend Masses are available on Facebook/Shrule Parish and on www.churchtv.ie Shrule Church is <https://www.churchtv.ie/shrule/> and Glencorrib Church is <https://www.churchtv.ie/glencorrib/>

TWENTY FIFTH SUNDAY IN ORDINARY TIME (Year B) - MASS DATES, TIMES & INTENTIONS

ST. JOSEPH'S CHURCH, SHRULE - Dedicated 1832

Sat	18 th Sept	8.00 pm	Kathleen Hughes and her mother in law Delia Hughes (Cortoon) John Joe Keady (Dalgan Road)	2 nd Anniv & deceased 12 th Anniv
Sun	19 th Sept	11.00 am	Seamus Lohan & John Gillespie	12 th & 24 th July 2021
		1.00 pm	Mattie Murphy RIP (Mochara)	Funeral Mass
Mon	20 th Sept	9.30 am	Fr Tom Culloty (Ballydesmond)	RIP 30/07/2021
Tue	21 st Sept	9.30 am	Tom Hynes and his parents Joseph & Margaret Hynes (Cahernabruick)	21 st , 61 st & 56 th Anniv
Wed	22 nd Sept	9.30 am	Jack Heneghan (Joyce Park)	RIP 13/11/2019
Thu	23 rd Sept	9.30 am	Michael Madden (Brodella)	35 th Anniv
Fri	24 th Sept	7.00 pm	NO Adoration of the Blessed Sacrament this evening. Friday evening Adoration of the Blessed Sacrament resumes as normal on Friday week 1 st October @ 7pm	
		8.00 pm	Paddy, Nora & Bob Davin (Dalgan)	46 th , 42 nd & 26 th Anniv
Sat	25 th Sept	8.00 pm	Bill & Bridgie Joyce (Cahernabruick) Pauline O'Dea and Paddy & Mary Kate O'Dea (Carramore)	10 th & 10 th Anniv 6 th Anniv & deceased
Sun	26 th Sept	11.00 am	Tony Heneghan (Dalgan Road)	RIP 09/05/2021

CHURCH OF THE IMMACULATE CONCEPTION, GLENCORRIB - Dedicated 1876

Sat	18 th Sept	6.30 pm	Michael & Patrick Walsh (Ballybockaugh)	25 th Anniv & deceased
Sun	19 th Sept	9.30 am	Tom & Winifred Sweeney (Ballycurrin)	27 th Anniv & deceased
Wed	22 nd Sept	10.00 am	JV Cosgrove (Houndswood)	RIP 29/07/2021
Fri	24 th Sept	6.30 pm	Adoration of the Blessed Sacrament: 6.30pm – 6.55pm	
		7.30 pm	Special Intention Mass	Special Intention
Sat	25 th Sept	6.30 pm	Johnny Hennelly (Toorard) Bridie Murphy (Ballycurrin)	3 rd Anniv RIP 19/07/2021
Sun	26 th Sept	9.30 am	Mary Ryan (Gortbrack)	48 th Anniv

FURTHER EASING OF COVID 19 RESTRICTIONS

You may have noticed some changes in the outlay of the churches as further easing of Covid 19 restrictions continue. We look forward to welcoming more people in the coming weeks, while at the same time to continue to be cautious. The pastoral council and I appreciate your ongoing support and the commitment of so many parishioners in helping keep our parish churches safe for everyone. As of now up churches are allowed to hold 50% capacity while the following guidelines remain in place for the celebration of public liturgies.

- Please maintain 1 metre social distance – pews in Glencorrib are 1m apart with current layout while in Shrule, it means every second pew can be used with current layout.
- Face masks are to continue to be worn.
- Please use hand sanitizer as you enter the church, receive Holy Communion & exit the church.
- Holy Communion will be distributed in the one-way system. If you are unable to come to the sanctuary for Holy Communion, please notify an usher before Mass.
- Mass leaflet / newsletter available at church doors.
- Collection will continue to be done via boxes at church doors for weekly / dues envelopes.
- Please be seated at the conclusion of Mass & way to exit the church per ushers' instructions.

Please note that Masses continue to be broadcasted via radio and ChurchTV also accessed via Shrule Parish Facebook page.

SHRULE / GLENCORRIB GAA LOTTO WINNER:

Everyone loves a good news story and this is certainly one of them. The pain of Mayo's All-Ireland SFC final defeat last Saturday will have been eased for one Alan Larkin this week after the Ballintubber native struck it lucky to win the Shrule/Glencorrib GAA club lotto. The €29,300 jackpot was won this past Monday night and is one of the highest lotto jackpots for any GAA club in the country. It's also one of the best-known lotto jackpots in the west of Ireland.

Alan's and his wife Dara got married 18 months ago and had their baby boy Elijah just 11 weeks ago. He teaches in Belclare NS and they had been saving for a deposit so they could start building their house and Monday night's big win is obviously a great start for them. Still one of the highest club lotto jackpots in the country, Shrule/Glencorrib GAA will be now be starting its new jackpot back at €20,000.



Ian and Dara Larkin with their 11-week-old son Elijah and the cheque for €29,300 presented to them by Shrule/Glencorrib GAA Club.

Congratulations to Ian and his family

JUST A THOUGHT: As a priest in a parish, I have often sat in on an interview panel for prospective teachers in our school. These are bright young men and women, full of idealism and enthusiasm. Our teachers are officially appointed by the Archbishop but paid by the State. So the panel is provided with a set of questions representing both interests: Church and State. These questions are guidelines only.

Wearing my clerical hat, I am prompted to ask the candidate:

"How do you propose to promote the Catholic ethos in our school?" Invariably, pat answers are supplied in abundance. But, occasionally, an individual will break loose from the herd and surprise the interrogator with an unexpected response: **"Every single day I will be kind to the children."** That response cuts straight through all the rubbish that is spoken about the 'Catholic Ethos.' **If you were asked what qualities you needed to succeed in life, would kindness be one of them?**

Last week I stopped at a petrol station in Rathfarnham to fill up the motorbike. It's a tricky operation, given my problem with balance. The bike must be parked as closely as possible to the petrol pumps, the saddle lifted, the tank lid unscrewed and the nozzle inserted in the tank. All this must be achieved as a single operation.

I was in the process of conducting this delicate operation when a tall young man approached me and asked: "Do you need help with that?" He was passing by the station, walking alone with a bag on his back. I suspect he was Leaving Cert or early Third Level. Regardless of age or status, it was such a kind gesture from one human being to another. I bet he will make a very positive contribution to humanity.

During the week, a team of researchers at the University of Sussex, in conjunction with the BBC, devised what they call The Kindness Test. It is designed to explore people's attitudes towards kindness; how much do they value kindness, practice it or receive it? The study defines kindness as 'any behaviour intended to bring benefit to others.'

Part of the problem is that kindness is sometimes thought of as nebulous, a bit weak and anti-competitive. It doesn't quite fit in with the hard-nosed world of getting on, where the 'me' is always eclipsing the 'we' There is also a prejudice that it is little more than enlightened self-interest, an evolutionary survival mechanism to keep the kin in kindness and ensure we look out for our own. For if charity starts at home, does it not tend to stay there?

And yet life - especially during the pandemic - suggests otherwise. Acts of kindness abound. And these are just the ones we know and hear about. For they are often unconditional and, at best, hidden. They are sometimes done in secret, without someone's right hand knowing what their left is doing. I am sure I have benefitted from a thousand kindnesses whose source I'll never know.

'It is more blessed to give than receive'. Research has shown that performing an act of kindness actually gives a physiological boost to the giver. When we give or receive kindness, it is as if we are drawn into a better way of being. Far from being soft and extra, kindness connects us to something solid and essential. Kindness redefines our notions of kin beyond those we know or like - making us question, as Jesus did, who our mother or father or neighbour is - and to include the other, the stranger, and even our enemy. For in the end, we are all still Human Kind. *Fr. Dick Lyng OSA*



If you got arrested for being a Christian, would there be enough evidence to prove it?

PLEASE REMEMBER WITH A PRAYER THOSE FROM SHRULE AND GLENCORRIB PARISH WHO DIED ON THIS WEEK IN FORMER YEARS



Surname	Christian	Village	Date Died	Age	Cemetery
Payne	Brigid	Dalغان	18/09/1961	38	Shrulle
O'Dowd	Seamus	Dalغان	18/09/1980	68	Shrulle
Meenaghan	John	Oregon US & Shrulle	18/09/2016	83	Shrulle
Canavan	Mary	Gorthbrack	19/09/1966	64	Killursa
Mangan	Michael Joe	Ramolin	19/09/1973	42	Shrulle
Reilly	Matthew	Woodpark	20/09/2001	69	Shrulle
Melvin	Majella	Ballisnahina	20/09/2016		Shrulle
Newell	Julia	Boula	21/09/1926	15	Killursa
Murphy	Patrick	Gortatubber	21/09/1933		Cong
Keleghan	John	Shrulle	21/09/1938	75	Shrulle
O'Malley	Peter	Mocollogan	21/09/2003	92	Shrulle
Hennelly	Johnny	Toorard	21/09/2018	69	Moyne
Molloy	Julia	Ballisnahina	23/09/2005	75	Shrulle
Joyce	John	Glassvalley	23/09/2013	90	Killursa
Murphy	Julia	Brodella	23/09/2016		Shrulle
Flood	Patrick	Ballynalty	24/09/1943	69	Cill Criocáin
Mellet	Brigid	Cloonbanane	24/09/1959	84	Shrulle
Murphy	Stephen	Carheens	24/09/1963	87	Shrulle
Varley	John	Mochorra	24/09/1981	95	Shrulle
Mitchell	Mary	Dalغان	25/09/1950	65	Shrulle
Foy	John	Kilroe	25/09/1957	73	Moyne
Gaynard	Catherine	Ballisnahina	25/09/1980		Shrulle
Dooley	Damien	Gurteen	25/09/1981	19	Shrulle
Casey	Nora	Gurteen (Kilmaine)	26/09/1938	72	Shrulle
Fitzgerald	Jude	Mohorra	26/09/1943	73	Shrulle
Naughton	Martin	Brodella	26/09/1950	43	Shrulle
Reilly	Martin	Woodpark	26/09/1950	71	Shrulle

PLEASE REMEMBER WITH A PRAYER THE RECENTLY DECEASED:

Martin (Mattie) Murphy,
Mochara, Shrulle.

Our condolences to his son Brian and daughters Claire, Eithne, Deirdre and Yvonne and extended family. Funeral Mass for Mattie will take place at St. Joseph's Church, Shrulle this weekend, Sunday 19th September @ 1pm. RIP Mattie.



SHRULE PARISH is committed to the protection of all children and young people in our Church. Please see notice board for contact details.

OUR CHURCHES are open every day not just Sundays. Drop in for some quiet time, prayer and reflection. **God want full custody not just weekend visits.**

ONLINE SCRIPTURE COURSE VIA ZOOM:

So many of us are afraid to open the Bible. We feel that understanding it is beyond us — without a degree or two in Sacred Scripture! Nothing could be further from the truth. The Bible is God's Word to God's people, to us, and it should always be approached from this perspective. During this introductory series we will begin to

6 Tuesdays:
7.30 – 8.30pm
28th September
5th October
12th October
26th October
2nd November
9th November

begin to deepen our appreciation of Scripture, while keeping it explainable and understandable — because without this basic understanding, how can we ever hope to hear and understand God speaking to us today as individuals, as community, as Church? The course is open to all but requires registration at galwaypastoralcentre.ie before Tuesday 28th September. A Zoom link will be forwarded each week to all participants along with relevant notes. The series is facilitated by Fr. Gerard McCarthy, SVD

WESTERN CARE ASSOCIATION

Annual collection continues this month September. If you like to make a donation, please find us on Facebook "Western Care Association" or on www.idonate.ie/wcador or www.westerncare.com to make a donation or you can pay by laser card or cheque by Teresa Ward 0949029174 or 0872467857 or drop it into Dell Maye, Glencorrib. Your support to Western Care Association is needed now more than ever, we appreciate your continued support. Thank you.

SEASON OF CREATION: WEEK 3: COMMIT OURSELVES TO CARING FOR CREATION

1st September to 4th October, the Feast of St. Francis.

"A true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor." (*Laudato Si'*, par. 49).



SAVE ENERGY:

- Turn it off or turn it down: lights, computers, TVs, satellite boxes, heating.
- When boiling water in a kettle, only fill the amount of water you need. Save water and energy!
- Try a slow cooker: it's more energy-efficient than an oven.
- Visit www.seai.ie, the Sustainable Energy Authority of Ireland, for information on how to make your home or business more energy-efficient and sustainable.

DO YOU KNOW WHERE TO FIND RECYCLING FACILITIES?

- www.galwaycity.ie/recycling-centre — Liosbaun Industrial Estate, Galway.
- County Galway recycling — Clifden, Tuam, Ballinasloe.
- www.weeireland.ie — return batteries, electrical, and electronic items to WEEE Ireland through electrical retailers.
- Donate unwanted clothing/goods to charity shops such as Enable Ireland and St Vincent de Paul.

FIRST HOLY COMMUNION DATES

Shrle Church:
2nd October and
Glencorrib Church
9th October

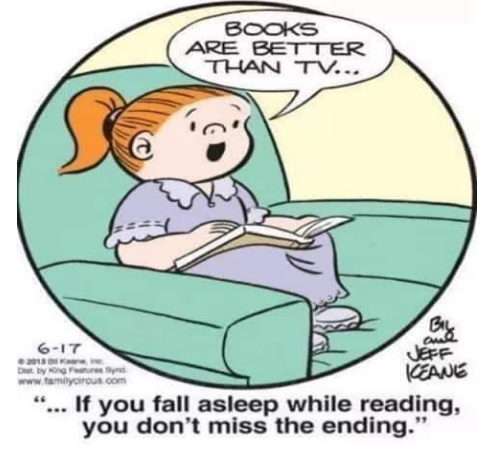
JOB VACANCY GLENCORRIB: Sunny Days breakfast club & Afterschool service have a vacancy available for a childcare worker to cover maternity leave with immediate start. **No FETAC qualifications required.**

Email: glencorribcommunityservices@gmail.com
Hours Mornings 7.30am - 9.30am (2/3 days per week)
Afternoons 1.30pm - 6pm (5 days per week)



A LITTLE BIT OF HUMOUR

I went for a parachute jump, jumped out of the plane, pulled the rip chord and nothing happened, pulled the reserve chute and nothing. At this point a guy flew past me going in the opposite direction. I said: "Do you know anything about parachutes? He replied no... "Do you know anything about faulty gas boilers?"



MAYO PPN PUBLIC PARTICIPATION NETWORK: Have you booked your place yet on any of the upcoming courses! **Courses are free – booking is essential. Your group must be registered with Mayo PPN. To book your place email mayoppn@mayococo.ie . This is a first come, first serve basis and a maximum of two members per community group. Full list of courses here <https://mayoppn.ie/wp-content/uploads/2019/09/Training-Timetable-Autumn-2021.pdf> Mayo PPN Team: MAYO PPN – YOUR VOICE – YOUR COMMUNITY**

CHILDREN'S NOTES TO GOD

A nun asked her class to write notes to God. Here are some of the notes the children handed in.

- Dear God: I didn't think orange went with purple until I saw the sunset You made on Tuesday. That was cool.
- Dear God: Instead of letting people die and having to make new ones, why don't You just keep the ones You have?
- Dear God: Maybe Cain and Abel would not have killed each other so much if they had their own rooms. That's what my Mom did for me and my brother.
- Dear God: If You watch me in church on Sunday, I'll show You my new shoes.
- Dear God: I bet it is very hard for You to love all of everybody in the whole world. There are only 4 people in our family and I'm having a hard time loving all of them.
- Dear God: In school they told us what You do. Who does it when You're on holidays?
- Dear God: I went to this wedding and they kissed right in the church. Is that okay?

My grandma hates her new stairlift. She says it drives her up the wall.

PERNET LAY ASSOCIATES NETWORKING

TOGETHER (PLANT) work with Sister Imelda O'Sullivan (Little Sisters of the Assumption) and are asking for parish help in publicising their autumn courses and events. Poster attached; www.pernet.ie/courses for further information. ☎ Mary Cunningham 086 3836567 Pernet CLG www.pernet.ie

COVID-19 SUPPORT LINE FOR OLDER

PEOPLE: Alone manage a national support line and additional supports for older people who have concerns or are facing difficulties to the outbreak of Covid-19. Professional staff will be available to offer reassurance where necessary.

The support line is one seven days a week, 8am – 8pm, by ☎ 0818 222 024

REMEMBERING YOUR LOVED ONES: If you're loved ones from the parish are not listed in our weekly list and you would like them to be remembered, then please ☎ / Text 0863782156 or email glencorrib2000@gmail.com with their details.

"To be forgotten is to die twice"

What will kids say next?

The Helper

▲ pastor is walking down the street one day when he notices a very small boy trying to press a doorbell on a house across the street. However, the boy is very small and the doorbell is too high for him to reach.

After watching the boy's efforts for some time, the pastor moves closer to the boy's position. He steps smartly across the street, walks up behind the little fellow and, placing his hand kindly on the child's shoulder leans over and gives the doorbell a solid ring.

Crouching down to the child's level, the pastor smiles benevolently and asks, "And now what, my little man?" To which the boy replies, "Now we run!"

Free HSE Community Living Well Programme

If you or someone you know is living with any long-term health condition (mental or physical) then this Programme would be of great benefit. It is a FREE 6 week (currently) online HSE programme, delivered in 2.5 hour weekly sessions. Where you will learn new tools & skills to excel in managing your wellbeing, on a day-to-day basis, while living with the condition. New Programmes starting in October. Please Contact Bonnie King, on 087-9176354 or bonnie.king@mayocil.ie for more info or to register.

Day	Start date	Finish date	Time
Thursday	October 07th	November 11th	10.30am to 1pm
Wednesday	October 13th	November 17th	10.30am to 1pm
Tuesday	October 19th	November 23rd	7pm to 9.30pm
Monday	November 01st	December 06th	10.30am to 1pm



Terence Harrington

7 h • 🌐

A Prayer to Mary

May our Lady bless your going, your coming and your staying.
May she bless you in your thinking, your doing and your saying.
May she bless you in your joys; may she bless you when you weep.
May she bless you in your waking and may she bless you when asleep.
May she keep her arms around you.
May she fold you in her heart,
'Till you are close with her and Jesus
Where you never more will part.

(Br. John Manley OFM.Cap. Rochestown College, Cork.)



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MAYO PUBLIC PARTICIPATION NETWORK - FREE ONLINE TRAINING FOR COMMUNITY GROUPS

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Mayo PPN Team: MAYO PPN – YOUR VOICE – YOUR COMMUNITY

Autumn 2021 TRAINING

WRITING SUCCESSFUL GRANT APPLICATIONS:

Workshops will look at funding applications, thinking like a funder and not an applicant. Looking at a typical application and a database of current funds. This workshop will include a mix of tasks and presentations with plenty of opportunities to ask questions.

THIS COURSE IS RUN OVER 1 SESSION OF 2 HOURS

SHOOTING A VIDEO: Participants will be able to use video effectively to promote their community groups events and activities, create your own YouTube channel, and incorporate videos to social media posts.

THIS COURSE IS RUN OVER 3 SESSIONS OF 2 HOURS EACH

NEW OPTIONS FUNDING/FUNDRAISING:

Course material will include new ways of fundraising in 2021 as a result of the changes brought by Covid-19 and digitization: building support from your community, adjusting your organization to survive and develop, digital fundraising, loan sources for the development of community wellbeing, social, community, health, enterprise, educational, arts and other objectives.

THIS WORKSHOP IS RUN OVER 1 SESSION OF 2 HOURS

BEGINNERS SOCIAL MEDIA:

Understand the role of social media, know how to carry out basic actions on each of the Social Media tools, develop engaging posts to grow engagement and interaction, learn how to increase visibility on Instagram and Twitter.

THIS COURSE IS RUN OVER 3 SESSIONS OF 2 HOURS EACH

SETTING UP A BOARD/COMMITTEE:

The roles & duties of officers. This course is suitable for newly formed groups, wishing to learn about roles and responsibilities, best practice for getting organised and getting templates to help run their group more efficiently.

THIS COURSE IS RUN OVER 1 SESSION OF 2 HOURS

BASIC BOOKKEEPING: Each participant works on their own records so individual queries are dealt with as they arise. Participants are shown how to prepare a Purchases Book, Cash Book, Sales and Cheques Journal. You will learn how to prepare a VAT return. Template will be provided on how to calculate tax, PRSI and USC.

THIS COURSE IS RUN OVER 1 SESSION OF 3 HOURS

FACEBOOK FOR COMMUNITY ORGANISATIONS:

Learn how to carry out basic actions on Facebook, develop engaging posts and how to grow interaction, how to use Facebook to reach the widest demographic.

THIS COURSE IS RUN OVER 3 SESSIONS OF 2 HOURS EACH

INTRO TO CODE OF GOVERNANCE:

This workshop will be of benefit to Community & Voluntary organisations getting to grips with their responsibilities and The Governance Code. Suitable for board members, charity staff and management. Resources provided will help groups working remotely by assisting them with their documentation. Introduction to the Governance Code and to a management system for mapping compliance.

THIS COURSE IS RUN OVER 1 EVENING

DESIGN A WEBSITE WITH NO BUDGET:

This workshop will be of benefit to Community & Voluntary organisations wishing to explore ways to promote their organisation via social media. Workshop includes how to use Drag and Drop Website builders to explore different types of websites, looking at website options, domain hosting, registering and costs.

THIS COURSE IS RUN OVER 1 SESSION OF 2 HOURS

DATE	TIME
Tuesday 21 st September	19:00 - 21:00
Tuesdays 28 th Sept, 5 th , 12 th Oct	19:00 - 21:00
Thursday 30 th September	19:00 - 21:00
Mondays 4 th , 11 th , 18 th October	19:00 - 21:00
Tuesday 5 th October	19:00 - 21:00
Wednesday 6 th October	18:00 - 21:00
Thursdays 7 th , 14 th , 21 st Oct	19:00 - 21:00
Wednesday 13 th October	19:00 - 21:00
Tuesday 19 th October	19:00 - 21:00

INSTAGRAM FOR COMMUNITY ORGANISATIONS

Learn how to carry out basic actions on Instagram, develop engaging posts and how to grow interaction.

Thursdays 28th Oct & 4th Nov 19:30 - 21:00

THIS COURSE IS RUN OVER 2 SESSIONS OF 1.5 HOURS EACH

HOW TO MANAGE AND IMPROVE YOUR SOCIAL MEDIA:

This course is for groups who already have basic knowledge of how to post on Facebook and/or Instagram, but who want to improve their posting, reach and engagement. This course is not suitable for absolute beginners.

Tuesdays 9th & 16th November 19:30 - 21:00

THIS COURSE IS RUN OVER 2 SESSIONS OF 1.5 HOURS EACH

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PARISH NOTES: - WAYS TO MAKE CONTRIBUTIONS:

With the resumption of public liturgies, the following ways now in place to make contributions. These contributions make the works been carried out possible. Thank you for your continuing support in these unfamiliar times. At weekend Masses, Shrle Post Office. Drop off at Parochial House (Tuesdays, 10.30 am - 12noon) or Curates' House (Wednesdays, 10.30 am - 12noon) or Banking Online or Standing Order. Details of each church bank account have been provided below

o **Shrle Church:** Bank: Ulster Bank Ireland DAC
Account Name: Shrle Church Finance Committee:
IBAN IE10ULSB98525010138070 and BIC: ULSBIE2DXXX

o **Glencorrib Church:** Bank: Ulster Bank Ireland DAC
Account Name: Shrle Glencorrib Church:
IBAN IE97ULSB98525010138153 and BIC: ULSBIE2DXXX

With banking online please ensure **full name is given** as reference when making the standing order or account transfer, so the parish has a record of who has made their weekly contribution through each bank account. This is **very important** for the Charitable Donation Scheme. Thank you for your continuing support.

Welcome to those Outside of Parish: People outside of the parish are most welcome to attend public liturgies in the parish. Please observe guidelines. Regarding contributions please continue to support your parish and use your own parish envelopes It is standard practice for envelopes to be returned to their respective parishes.



This has baffled us today – do you see the man running into the woods or do you see a dog 🤔



Kids these days want the iPhone 7 When I was younger, I just wanted the Crayola 64



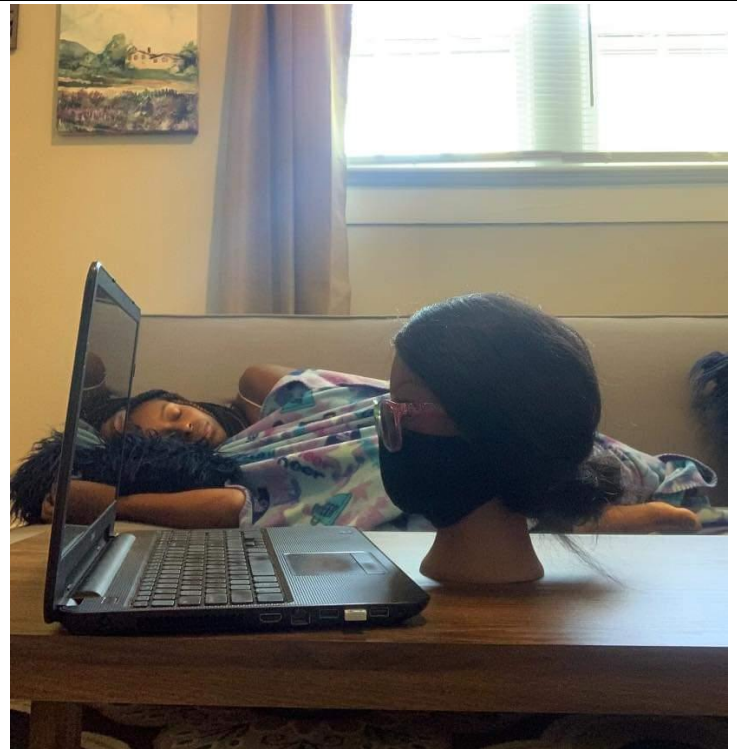
RESTORATION FUNDRAISING RAFFLE FOR HEADFORD CHURCH: First prize a car. Tickets are now on sale from the parish office or by ☎ 093 35448 or through our website. **Thank you** to all who sponsored our fundraiser so far and helped out along the way.

HISTORICAL SGK (Shrule Glencorrib Kilroe Historical Society) is working on an online map of the parish at the moment. We wish to identify and locate all landmarks of historical interest as well as old monuments, wells, roads, stiles etc. If you would like to be sure your favourite is included, please ☎ 0863782156 or drop us an email at historicalsgk@gmail.com Thank You...

ACT OF SPIRITUAL COMMUNION: If you are not able to come together to celebrate Mass and receive communion, please find time to pray and receive Jesus spiritually.

SPIRITUAL COMMUNION PRAYER: My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

These birds look like musical notes..



JUST A THOUGHT 2

A lady took her son to the supermarket. He has Asperger's Syndrome. The young man found a messy shelf. He put all products back together. The mother took a photo and shared it on social media:

"What would happen if companies started to hire autistic people? They would have organized, efficient & punctual employees, who would not stop until the task has been completed."

Disability sometimes means ability. We all have a role to play. It is time to create a better and more inclusive world.

-Angela Ray

