**Ballina Dragons have agreed our development aims for 2024 as follows:**

**Membership:**

Continue to build and support our members at the level they wish to engage.

Associate membership those who wish to be involved with the land crew.

**Training & Development:**

Coach will continue to upskill on varies aspects of Dragon Boating

Crew will be given the opportunity to attend Emergency Response training

Crew will upskill paddle & helm skills

Crew will upskill on water safety

**Fitness:**

Boat Sessions twice per week depending on Tide and Weather conditions

Strength & Conditioning sessions delivered by qualified Personal Trainer

Pool Paddle Training sessions delivered by qualified Paddle coach

Other training sessions as identified during the year.

**Regatta:**

Donegal – August 2024 (self-funded by paddlers)

**Paddle Camp:**

Spain-February 2024 (self-funded by paddlers)

**Social:**

Occasional guest speakers

St. Patricks Day parade

Bartragh Island Trip

Winter Trip

**Community Open Day:**

Summer 2024 date TBC

**Funding:**

Bucket collection

Church gate collection

Sponsorship

Membership fees

Grant Applications

**Facilities & equipment:**

New Boat

Carbon Fibre Paddles

Appropriate and safe storage system

Larger compound